

FOET - Joining Instructions

Course Aim and Target Group - this program is designed to meet the initial safety and emergency response training requirements for personnel new to the offshore oil and gas industry.

Accreditation: OPITO

Duration: 8 hours

Cost: \$675.00/delegate

Validation: 4 years

Course Lesson Plan

Helicopter Safety and Escape:

- Donning of a transit survival suit, aviation lifejacket & Emergency Breathing System (EBS)
- Actions to take in preparation for a helicopter ditching and an emergency landing
- Operation & use of an EBS during pool exercise
- Actions in preparation for a helicopter ditching and an emergency landing
- Actions following:
 - A controlled emergency decent to a dry landing
 - A controlled ditching on water (deploy EBS & operate a push out exit, exit to aviation life raft)
 - A partial submersion of an aircraft (deploy EBS & without operation of a push out exit)
 - A partial submersion of an aircraft (deploy EBS & operate a push out exit)
- Actions following:
 - An aircraft capsizes in water (deploy EBS on the surface & operation of a push out window, deploy aviation lifejacket, and enter life raft from water)
 - Board an aviation life raft from water
 - Being rescued by one of the recognized methods available offshore and survivor actions following rescue

Emergency First Aid:

- Raising the alarm
- Immediate first aid actions including the ABC assessment technique

Fire Fighting and Self Rescue:

- Use of appropriate hand held fire extinguishers
- Self-rescue techniques with a smoke hood from areas where visibility is limited due to smoke
- Self-rescue techniques with a smoke hood from areas where visibility is obscured due to smoke
- Small group escape techniques with a smoke hood from areas where visibility is obscured due to smoke

Physical / Health Demands:

Emergency response training contains physically demanding and potentially stressful elements. All personnel who participate in such training must be medically fit and capable of participating fully. All personnel will be required to complete a self-declaration of fitness form prior to commencement of practical.



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Start / Finish Times:

Training courses will begin at 7:30 am and should conclude by 4:30 pm; it is recommended that delegates arrive at 7:00 am.

Equipment Requirements:

Delegates are expected to provide the following items during training:

- Government Issued Photo Identification – **Required**
- Towel
- Swimwear
- Appropriate clothing for all practical sessions
 - Open toe shoes, shorts, and sleeveless shirts are prohibited
- Safety-Toe footwear for practical sessions

Meals / Refreshments:

Delegates will be provided with a 1 hour lunch break with meals provided at client's expense. Coffee and water will be available free of charge. Periodic breaks will be offered to delegate's during training.

Course Delivery and Special Needs:

All course materials, assessments, and documentation will be conducted in American English language only. Delegates with any special needs should contact us in advance to ensure that these requirements are met.

Assessments:

Delegates are assessed against industry agreed competency standards. Should delegates fail to meet these standards, our staff shall provide additional coaching to provide the delegate with additional opportunities to meet the requirements.

Certification:

Successful delegates shall receive a Certificate and Identification Card with a copy of the certificate sent to the employer. The delegate's successful completion will also be recorded in a central training register maintained by OPITO.