

## Joining Instructions

THUET

**Course Aim and Target Group** - this program is designed to meet the initial safety and emergency response training requirements for personnel new to the offshore oil and gas industry.

**Accreditation:** OPITO

**Duration:** 8 hours

**Cost:** \$275.00/delegate

**Validation:** 4 years

## Course Lesson Plan

### Helicopter Safety and Escape Learning Outcomes:

- (1) Donning an aviation lifejacket.
- (2) Actions to take in preparation for a helicopter ditching and an emergency landing.
- (3) Actions following a controlled emergency descent to a dry landing with evacuation via a nominated exit.
- (4) Actions following a controlled ditching on water (including operation of a push out window on instruction from aircrew) and evacuate through a nominated exit to an aviation liferaft.
- (5) Assist others where possible in carrying out initial actions on boarding the aviation liferaft, to include mooring lines, deploying the sea anchor, raising the canopy and raft maintenance.
- (6) Escaping through a window opening which is underwater, from a partially submerged helicopter (without operation of a push out window).
- (7) Escaping through a window opening which is underwater, from a partially submerged helicopter (including the operation of a push out window).
- (8) Escaping through a window opening which is underwater, from a capsized helicopter (without operation of a push out window).
- (9) Escaping through a window opening which is underwater, from a capsized helicopter (including the operation of a push out window)
- (10) Inflating an aviation lifejacket and deploying a spray visor
- (11) Boarding an aviation liferaft from water.
- (12) Being rescued by one of the recognized methods available offshore and survivor actions following rescue.

### Sea Survival Learning Outcomes:

- (1) Donning of a permanent buoyancy lifejacket prior to use in an emergency.
- (2) The correct actions when mustering and boarding a survival craft (TEMPSC) as a passenger during launching operations.
- (3) Fitting of a helicopter rescue device and correct body posture during winching.
- (4) Water entry (stepping off poolside, maximum height 1 metre) and the precautions to be taken when entering the water.
- (5) Individual and group sea survival techniques, to include: swimming, getting into Heat Escape Lessening Position (HELP), wave-slap protection, towing, chain, huddle and circle.



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### **Physical / Health Demands:**

Emergency response training contains physically demanding and potentially stressful elements. All personnel who participate in such training must be medically fit and capable of participating fully. All personnel will be required to complete a self-declaration of fitness form prior to commencement of practical.

### **Start / Finish Times:**

Training courses will begin at 7:30 am and should conclude by 4:30 pm; it is recommended that delegates arrive at 7:00 am.

### **Equipment Requirements:**

Delegates are expected to provide the following items during training:

- ) Government Issued Photo Identification – **Required**
- ) Towel
- ) Swimwear
- ) Appropriate clothing for all practical sessions
  - o Open toe shoes, shorts, and sleeveless shirts are prohibited
- ) Safety-Toe footwear for practical sessions

### **Meals / Refreshments:**

Delegates will be provided with a 1 hour lunch break with meals provided at client's expense. Coffee and water will be available free of charge. Periodic breaks will be offered to delegate's during training.

### **Course Delivery and Special Needs:**

All course materials, assessments, and documentation will be conducted in American English language only. Delegates with any special needs should contact us in advance to ensure that these requirements are met.

### **Assessments:**

Delegates are assessed against industry agreed competency standards. Should delegates fail to meet these standards, our staff shall provide additional coaching to provide the delegate with additional opportunities to meet the requirements.

### **Certification:**

Successful delegates shall receive a Certificate and Identification Card with a copy of the certificate sent to the employer. The delegate's successful completion will also be recorded in a central training register maintained by OPITO.

**OPITO Introduction Video:** <https://www.opito.com/content/opito-basic-offshore-safety-induction-and-emergency-training-bosiet>